

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Sophia Louw**

Has successfully participated & completed the  
**17km FRESH Kaapsehoop Mountain Ultra**  
held at Kaapsehoop Horse Trails.

**TIME 03:18:42**

**PACE 11:40/km**  
**OVERALL 81 of 127**

**GENDER 44 of 79**  
**< 50 21 of 32**

10 September 2022, Sat

Date



*BoutTime*

Signature

